

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Lord Deramore's Spring 2019

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	Beef Burgers in a Bun with New Potatoes	Chicken and Tomato Pasta	Roast Gammon With Roast Potatoes and Gravy	Chicken Curry with Boiled Rice	MSC Breaded Fish with Chips and Tomato Sauce
7 Jan	<b>Vegetarian</b>	Quorn Burger in a Bun with New Potatoes	Creamy Broccoli Pasta Bake	Cheese & Pepper Whirl with Roast Potatoes	Soya Mince and Vegetable Stir Fry with Noodles	Veggie Glamorgan Sausage with Chips
28 Jan	<b>Vegetables</b>	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
25 Feb	<b>Dessert</b>	Oaty Cookie	Pear Crumble (WM) and Custard	Rolled Apple & Strawberry Pie with Custard	Rice Pudding	Lemon Drizzle Traybke
18 March						
<b>Week 2</b>	<b>Main</b>	Sausage in a Hot Dog Bun with Tomato Sauce and Wedges	Chicken and Sweetcorn Puff Pastry Pie with New Potatoes and Gravy	Roast Turkey with Roast Potatoes & Gravy	Spaghetti Bolognese	MSC Battered Fish with Chips and Tomato Sauce
14 Jan	<b>Vegetarian</b>	Veggie Hot Dog with Tomato Sauce and Wedges	Macaroni Cheese	Quorn Roast With Roast Potatoes and Gravy	Lentil and Vegetable Curry with Rice	Spinach & Tomato Quiche (WM) with New Potatoes
4 Feb	<b>Vegetables</b>	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
4 March	<b>Dessert</b>	Chocolate Shortbread	Banana Sponge & Custard	Apple, Cheese and Biscuits	Mixed Fruit Crumble (WM) & Custard	Orange Traybake
25 March						
<b>Week 3</b>	<b>Main</b>	Ham Pizza (WM) with Wedges	Beef Lasagne	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Beef Tortilla Stack & Rice	MSC Salmon Fish Fingers Or White Fish Fingers with Chips and Tomato Sauce
21 Jan	<b>Vegetarian</b>	Cheese and Tomato Pizza (WM) with Wedges	Vegetable Lasagne	Vegetable Pastry Puff With Roast Potatoes and Gravy	Quorn Chilli with Rice	Cheese Tomato & Spinach Frittata with Chips
11 Feb	<b>Vegetables</b>	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection	Vegetable Selection
11 March	<b>Dessert</b>	Chocolate and Mandarin Brownie	Lemon & Mixed Berry Cake	Mandarins & Ice Cream	Oaty Peach Crumble and Custard	Pear & Ginger Traybake
1 April						

Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily  
Daily salad selection