



Lord Deramore's Primary School



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Relationship Education to help keep children safer

Information for Parents & Carers of children in Primary Schools

27th June 2022

Dear Parent/Carer

Lord Deramore's work annually with Big Talk Education to support the school's Relationship and Sex Education curriculum.

They work with 3yr olds upwards and have been involved in delivering **age-appropriate** education of this type for over 20 years. A large number of schools in the region use Big Talk Education.

Below is some information on the Growing Up Safe programme that will be delivered to the Children.

- **Ages 4 to 8 (Reception School Years 1, 2 & 3)** Re-enforces and checks what was covered in Nursery. Using specially designed child friendly resources at the end of this session they will be able to identify happy situations within relationships, and those which may be risky (e.g., other children or adults taking improper photographs of them, inappropriate touches, exposure to unsuitable media etc.) Plus, whom they can talk to if they are worried.
- **Ages 8 to 9 (School Year 4)** We cover different kinds of families, similarities and differences between boys and girls, the emotional and physical changes of growing up (puberty) how babies are made, then develop in the womb etc. (reproduction). Also discussed is, how to look after our bodies and be safe and healthy.
- **Ages 9 to 11 (School Years 5 & 6)** Reproduction and puberty are re-capped, the children are given the opportunity to ask questions. As well as additional clarification on puberty, they will often want more details on how babies develop and are born. It is important that they know there is someone in school as well as at home if they want help, advice or more information etc. (Information at this stage is vital to protect them as they move onto Secondary School and to provide an alternative to Google etc.)

All the resources BigTalk Education use are age appropriate and help keep children protected from unwanted touches, abuse, and exposure to unsuitable images etc.

Further information on the above can be found on: www.bigtalkeducation.co.uk/parents
The new video Parent presentations <https://www.bigtalkeducation.co.uk/year-by-year/> are on our website – the School will circulate the password one week prior to our visit.

In addition, “**Bodies, Babies and Bellybuttons**” is the BigTalk book which accompanies the Growing Up Safe programme. This is a great resource for parents and can be ordered online from www.bigtalkeducation.co.uk on our Resources page.

Should you require any further information BigTalk Education can be contacted on admin@bigtalkeducation.co.uk.

There will be a **Parent Information Session** on

Date: Thursday 14th July Time: 8.55-9.35am Place: School Hall

when a Facilitator from BigTalk Education will cover in greater detail what is included in the Growing Up Safe sessions and the vital role Parents/Carers can play in keeping their children safe both now and in the future.

If you are unable to make the meeting, the presentation will be available on our website, details of which will be circulated by School the week prior to BigTalk’s visit.

There will also be an opportunity to ask any questions as a small group or individually.

Further information is also available on www.bigtalkeducation.co.uk/parents.

The book that accompanies the Growing Up Safe programme:

Bodies, Babies and Bellybuttons

will be available to purchase at the meeting priced £9.99.

Big Talk Education works in unison with the school’s whole-school PSHE (Personal, Social, Health Education) scheme – *Jigsaw*. This scheme of work covers similar and additional aspects of the RSE curriculum.

For further details about our school’s RSE (Relationship and Sex Education) policy, please see: <https://lordderamores.com/wp-content/uploads/2022/06/Relationship-and-Sex-Education-Policy-March-22.pdf>

Best wishes

Rachel Carr

Assistant Headteacher

PSHE lead