

Week 1 W/C 2 nd +23 rd Sept, 14 th Oct, 14 th +25 th Nov, 16 th Dec, 6 th +27 th Jan, 17 th Feb, 10 th + 31 st March, 21 st April	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Cheesy pizza with herby potatoes	Beef Lasagne	Roast Chicken with roast potatoes, gravy and Yorkshire pudding	Hotdog in a bun and wedges	Fish of the day and chips
Option 2	Vegetable pizza with herby potatoes	Vegetable chow mein	Quorn fillet with roast potatoes, gravy and Yorkshire pudding	Quorn hot dog in a bun with wedges	Quorn nuggets with chips
Option 3	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans
Accompaniments 5 A DAY	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
Desserts 5 A DAY	Flapjack	Chocolate muffin	Shortbread	Ice cream and fruit	Ice Cream and peaches





MENU



Fuel your afternoon with a healthy school lunch from Mellors

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE

Week 2 W/C 9 th + 13 th Sept, 21 st Oct, 11 th Nov, 2 nd + 23 rd Dec, 13 th Jan, 3 rd + 24 th Feb, 17 th March, 7 th + 28 th April	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Macaroni cheese	Chicken curry with rice	Roast sausage , Roast potatoes, gravy and Yorkshire pudding	Ham pizza and wedges	Fish of the day and chips
Option 2	Quorn fajitas	Veggie chilli with rice	Vegan Fillet, Roast potatoes, gravy and Yorkshire pudding	Cheese pizza and wedges	Quorn nuggets and chips
Option 3	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans
Accompaniments 	Seasonal vegetable Salad bar	Seasonal vegetable Salad bar	Seasonal vegetable Salad bar	Seasonal vegetable Salad bar	Seasonal vegetable Salad bar
Desserts 	Ginger biscuit	Lemon cake	Cheese and crackers	Ice cream and fresh fruit	Chocolate brownie



MENU



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- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE

Week 3 W/C 16 th Sept, 7 th + 28 th Oct, 18 th Nov, 9 th + 30 th Dec, 20 th Jan, 10 th Feb, 3 rd + 24 th March, 14 th April	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Cheese and tomato pasta	Meatballs in tomato sauce with 50/50 rice	Roast Turkey, new potatoes, gravy and Yorkshire pudding	Beef burger with wedges	Fish of the day and chips
Option 2	Quorn Lasagne	Quorn meatballs in tomato sauce with 50/50 rice	Quorn fillet with new potatoes and gravy	Quorn burger with wedges	Quorn nuggets and chips
Option 3	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans	Jacket Potato served with a choice of Tuna Mayo/Cheese/Beans
Accompaniments 5 A DAY	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
Desserts 5 A DAY	Chocolate crunch	Lemon biscuit	Ice cream and fresh fruit	Flapjack	Mousse or Whip



MENU



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