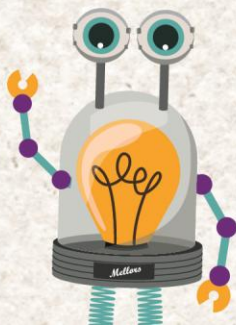


WEEK 1 w/c April 21 <sup>st</sup> , May 12 <sup>th</sup> , June 9 <sup>th</sup> , 30 <sup>th</sup> Sept 1 <sup>st</sup> , 22 <sup>nd</sup> , Oct 13 <sup>th</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Macaroni cheese	Chicken fajitas	Two Sausage with Yorkshire pudding new Potatoes & gravy	Ham pizza and wedges	Battered Fish & Chunky Chips
<b>VEGETARIAN MAIN DISH</b>	Vegetable Chow Mein	Quorn Fajita	Quorn sausage, Yorkshire pudding, new potatoes and gravy	Cheese pizza and wedges	Quorn dippers & chunky Chips
<b>ACCOMPANIMENTS</b>	Seasonal Vegetables Salad Bar Homemade bread	Seasonal Vegetables Salad Bar Homemade bread	Seasonal Vegetables Salad Bar Homemade bread	Seasonal Vegetables Salad Bar Homemade bread	Baked beans Salad Bar Homemade bread
<b>DESSERTS</b>	Oaty biscuit	Chocolate brownie	Banana cake	Ice cream and fruit	Lemon shortbread
FRESH CHOPPED FRUIT OR YOGHURT OR JELLY					
JACKET POTATO AND SANDWICH SELECTION WITH A CHOICE OF FILLINGS					



# MENU



Fuel your afternoon with  
a healthy school lunch  
from Mellors



- 1 OF YOUR 5 A DAY

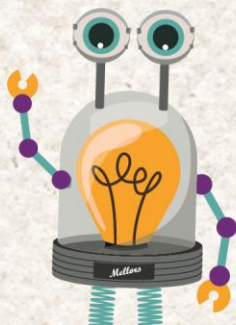


- HEALTHY OPTION

WEEK 2 W/c April 28 <sup>th</sup> , May 19 <sup>th</sup> , June 16 <sup>th</sup> , July 7 <sup>th</sup> , Sept 8 <sup>th</sup> , 29 <sup>th</sup> , Oct 20 <sup>th</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheese and tomato pizza with Herby potatoes	Chicken and pasta bake	Roast chicken, roast potatoes, Yorkshire Puddings and gravy	Beef burger and wedges	Fish Fingers & chunky Chips
VEGETARIAN MAIN DISH	Veggie pizza and herby potatoes	Quorn bolognaisé pasta bake	Quorn fillet, Roast Potatoes, Yorkshire Puddings and gravy	Veggie burger and wedges	Quorn Nuggets & Chips
ACCOMPANIMENTS	Seasonal Vegetables Salad Bar Homemade bread	Seasonal Vegetables Salad Bar Homemade bread	Seasonal Vegetables Salad Bar Homemade bread	Seasonal Vegetables Salad Bar Homemade bread	Baked beans Salad Bar Homemade bread
DESSERTS	Flapjack	Chocolate Orange Cookie	Cheese and crackers	Ice cream and fruit	Jelly and fruit
FRESH CHOPPED FRUIT OR YOGHURT OR JELLY					
JACKET POTATO AND SANDWICH SELECTION WITH A CHOICE OF FILLINGS					



# MENU



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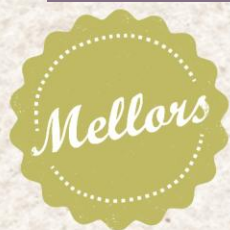
- 1 OF YOUR 5 A DAY



- HEALTHY OPTION



WEEK 3 W/C May 5 <sup>th</sup> , June 2 <sup>nd</sup> , 23 <sup>rd</sup> , July 14 <sup>th</sup> , Sept 15 <sup>th</sup> , Oct 6 <sup>th</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Cheese and tomato pasta	Beef lasagne	Roast chicken, Yorkshire pudding, Roast Potatoes & gravy	Hot dogs and wedges	Crispy Battered Fish with chunky chips
<b>VEGETARIAN MAIN DISH</b>	Vegetarian meatballs with pasta	Cheese quiche with diced potatoes	Quorn fillet, Roast Potatoes, Yorkshire Puddings and gravy	Quorn hot dog and wedges	Quorn dipper and chunky chips
<b>ACCOMPANIMENTS</b>	Seasonal Vegetables Salad Bar Homemade bread	Seasonal Vegetables Salad Bar Homemade bread	Seasonal Vegetables Salad Bar Homemade bread	Seasonal Vegetables Salad Bar Homemade bread	Baked beans Salad Bar Homemade bread
<b>DESSERTS</b>	Plain muffin	Flapjack	Lemon cake	Ice cream and fruit	Fruit and whip
FRESH CHOPPED FRUIT OR YOGHURT OR JELLY					
JACKET POTATO AND SANDWICH SELECTION WITH A CHOICE OF FILLINGS					



# MENU



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a healthy school lunch  
from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION