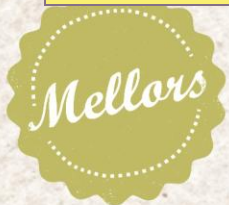




week 1 W/C April 13th, May 4th, June 1st, 22nd, July 13th, Sept 7th, 28th, Oct 19th	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Veggie meatballs and rice	Spaghetti bolognese and garlic bread	Roast chicken, Yorkshire pudding, roast potatoes and gravy	Sausage in a bun and wedges	Fish fingers with chips
Vegetarian Main	Lentil and chickpea curry and rice	Quorn Spaghetti Bolognese and garlic bread	Quorn fillet, Yorkshire pudding, roast potatoes and gravy	Quorn Sausage in a bun and wedges	Quorn dippers with chips
Jacket Potato or sandwich option	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches
Sides	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Baked beans Salad bar Homemade Bread
Dessert	Vanilla muffin	Apple crumble and custard	Lemon cake	Ice cream and fruit	Chocolate brownie
Fresh fruit or yoghurt available everyday	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt



MENU



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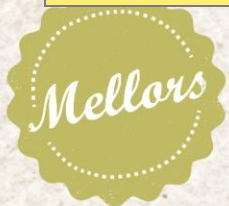


- 1 OF YOUR 5 A DAY



- HEALTHY OPTION

Week 2 w/C Apr 20 th , May 11 th , June 8 th , 29 th , Sept 14 th , Oct 5 th	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese pizza wheel and herby potatoes	Mild chilli Beef taco and savoury rice	Roast Gammon, new potatoes, Yorkshire pudding and gravy	Beef burger and wedges	Battered fish and chips
Vegetarian Main	Vegetable fingers and herby potatoes	Vegetable chilli Taco and savoury rice	Quorn fillet, new potatoes, Yorkshire pudding and gravy	Veggie burger and wedges	Quorn dippers and chips
Jacket Potato or sandwich option	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches
Sides	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Baked beans Salad bar Homemade Bread
Dessert	Flapjack	Chocolate sponge and chocolate sauce	Banana muffin	Ice cream and fruit	Shortbread biscuit
Fresh fruit or yoghurt available everyday	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt



MENU



Fuel your afternoon with a healthy school lunch from Mellors



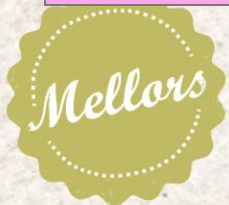
- 1 OF YOUR 5 A DAY



- HEALTHY OPTION



Week 3w/C April 27 th , May 18 th , June 15 th , July 6 th , Sept 21 st , Oct 12 th	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese and tomato pasta with garlic bread	Chicken curry, rice and naan bread	Sausage, Yorkshire pudding, roast potatoes and gravy	Ham pizza and wedges	Fish fingers and chips
Vegetarian Main	Vegetable chow mein and garlic bread	Cheese quiche and seasoned diced potatoes	Quorn sausage, Yorkshire pudding, roast potatoes and gravy	Cheese pizza and wedges	Quorn dippers and chips
Jacket Potato or Sandwich option	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches	Jacket potato with cheese, tuna or baked beans Or A selection of sandwiches
Sides	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Seasonal vegetables Salad bar Homemade Bread	Baked beans Salad bar Homemade Bread
Dessert	Fruit whip	Jam sponge and custard	Cheese and biscuits	Ice cream and fruit	Chocolate crunch
Fresh fruit or yoghurt available everyday	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt	Fresh fruit, jelly or yoghurt



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION